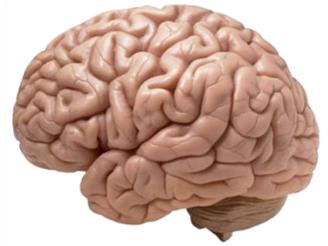


THE BRAIN



The brain controls everything we do, such as speaking, understanding, remembering etc. When brain cells die during a stroke, abilities controlled by that area of the brain such as memory and muscle control are lost.

What is Stroke?

Stroke is a condition that damages the arteries leading to and within the brain. As one side of the brain controls the opposite side of the body, people who have communication problems after stroke also have weakness or paralysis on the right side of their body.

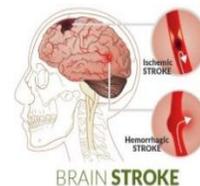
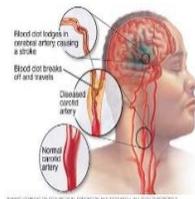
How can you identify?

The symptoms of stroke are:

- Numbness or weakness of the face, arm or leg.
- Confusion and trouble while speaking or understanding speech.
- Trouble seeing in one or both eyes.
- Dizziness, loss of balance or coordination.

Causes

A stroke may be caused by a blocked artery (ischemic stroke) or the leaking or bursting of a blood vessel (hemorrhagic stroke).



What are the risk factors:

- High blood pressure.
- High cholesterol.
- Diabetes.
- Obesity.
- Heredity.
- Alcohol Consumption.

The main conditions that can happen after stroke are:

- Difficulty in understanding language.
- Difficulty in speaking any words or saying the correct word.
- Speech errors due to weakness in oral muscles
- Reading or writing

What is the role of the Speech Therapist in stroke?

The Speech Therapist can perform assessment and treatment of

- Language disorders
- Speech disorders
- Swallowing disorders.

Tips for communicating with a person who has had a stroke:

- Ask yes or no questions
- Encourage their attempts to communicate
- Augment communication with pictures that the person can point to, encourage writing, drawing, gesture and signing to communicate.
- Speak in a normal tone of voice
- Keep your own language clear and simple.
- Speak in short clear sentences
- Decrease background noise

There is life after stroke.

Never give up!

Contact Us:

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Visit us: <http://jssishdharwad.org>



JSS MAHAVIDYAPEETHA, Mysuru

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Public Education Pamphlet

